

## **Getting a better grip on barriers and facilitators to implement the Back At Work After Surgery (BAAS) clinical pathway.**

Faculty:

Daniel Strijbos

Paul Kuijer

Optimising return to work (RTW) after knee arthroplasty (KA) is becoming increasingly important due to a growing incidence of KA and poor RTW outcomes after KA. We developed the Back At Work After Surgery (BAAS) clinical pathway to optimise RTW after KA, BAAS was proven feasible in 2022. At the moment, the costs and effectiveness of the BAAS are presently assessed in two Dutch hospitals. If proven effective, we plan to stimulate the implementation of BAAS in the Netherlands and worldwide. Therefore, we need insight into barriers and facilitators. This round table aims to collect these barriers and facilitators with a broad group of international experts like yourself.

### **About Our Speakers:**

#### 1. Daniel Strijbos

Daniel Strijbos is a physical therapist at a medium-large regional hospital in the northern Netherlands called Nij Smellinghe Hospital Drachten. Next to being a physical therapist, he is a PhD student at Amsterdam UMC, where he investigates the feasibility, effectiveness and costs of a new clinical pathway for optimal return to work after knee arthroplasty, called Back At Work After Surgery (BAAS).

#### 2. Paul Kuijer

Dr Paul Kuijer is a Principal Investigator at the Department of Public and Occupational Health of the Amsterdam University Medical Centers (UMC), Amsterdam, the Netherlands. He works as a human movement specialist on work-related musculoskeletal disorders at the Netherlands Center for Occupational Diseases and at the People and Work Outpatient Clinic, all part of the Amsterdam UMC. Paul's research goal is to enhance work participation among patients with musculoskeletal disorders by improving integrated patient-centred care. Besides doing research and patient care, Paul is the coordinator of the three months elective course 'Medicine and elite sports: high demand professions! Ground-breaking multidisciplinary care to enhance participation' for second-year medical students.